



Patient Notice:

19/01/2026

Please be aware that we are working with all onward referrals to GP's and ICB's and are receiving some emails from providers asking for more information for onward referrals. This is being completed, some patients are having direct referrals at their GPs Request.

Please note – all patients have been assessed as per NICE guidelines for pre-screening, risk assessment, patient health questionnaire and assessment using the recommended assessment tool. In terms of onward assessment, you do not need another assessment. Please share your report with your GP or onward referrer when asked.

Different areas of the UK and Scotland have their own onward referral policies and procedures, but enough information has been provided in your report and onward referral request. All local policies and procedures for your area are available online.

Please search – Your local area: ICB ADHD Referral and Treatment Policy and Right to Choose if you have this service available to you.

Please also note – A request for a referral has been made for all patients receiving medication, Adult ADHD services are currently experiencing longer waiting times, you do not require an assessment and should access the medication waiting list in your area.

To access medication while waiting, your options are to seek a private prescriber service or wait for your NHS appointment.

When a service is closed for safety reasons, it is the services responsibility to put patient safety first and ongoing safety measures in place.

The Fiona Project could no longer prescribe long-term patients that were titrated and had to close. When this happens the NHS route to care is the best and safest option. Stand-Alone Services currently in the community that are not supported in prescribing and long-term care cannot safely prescribe past titration.

The changes to ADHD remote prescribing following the Prevention of Future Deaths report and meeting the coroner's concerns dated 6, August 2025, Matters of Concern, affects all remote prescribing and long-term treatment of ADHD. The Fiona Project was a pre assessment, assessment, diagnostic service with treatment offered to titration, it was a long-term service designed to protect patients who could not be seen face to face to share care, after titration was achieved.

We are no longer able to prescribe or offer clinical advice; we do not have a clinical director and cannot meet our Clinical Governance Standards. We are duty bound to close our service and prefer that all patients are SAFELY – moved on to NHS Referred Providers.

Regional & UK-wide Options

- **ADHD Clinics** – Specialist private ADHD clinic with offices in Manchester.
 - **ADHD Consultancy** – London-based ADHD support and services
 - **ADHD Treatments Surrey** – ADHD support services in Surrey.
 - **ADHD Direct Ltd** – Private ADHD assessment & support in **Glasgow (Scotland)**.
 - **ADHD CARE LTD** – Clinic offering ADHD assessment & care in Guildford.
 - **ADHD clinic (Inam Psychiatry Ltd)** – Psychiatrist-led ADHD clinic in London.
 - **The ADHD Nurse** – Nurse-led ADHD specialist support
 - **The ADHD Centre Birmingham** – Birmingham ADHD services
 - **ADHD Clinic & The ADHD Clinic** – Additional clinics
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